

## Fit India Movement-fitness week celebrated at ICAR-ATARI Kolkata

*29<sup>th</sup> August 2023, Kolkata*

Towards achieving the mission of the Movement to bring about behavioural changes in order to gain wholesome health and move towards a more physically active lifestyle, ICAR-ATARI Kolkata celebrated Fit India Movement-fitness week. The programme commenced on 21<sup>st</sup> August with oath taken by all Officials as enshrined in Fit India Pledge and culminated on National Sports Day on 29<sup>th</sup> August. During the week, a march past was organised in the office premises holding the fit India banner. Different sports like goal scoring, under arm cricket, wicket hitting and basket ball were played on this day. Active participation and cordial cooperation of all the Staff has not only made the event a grand success but also triggered / reflected the sportsman spirit throughout the event. This has again proved, “Coming together is a beginning, staying together is progress, and working together is success”. The programme ended with prize distribution ceremony to the winner teams.

